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## Don't vacation from your medication

Hi there,

No matter where your travels take you, one thing should always be by your side... your meds.

[Check out this list of tips](#) on how to pack your prescriptions while traveling.

If you do forget your meds, First Stop Health is available 24/7, nationwide to prescribe a refill until you can get home. So wherever you may travel we are just a phone call away.

Safe travels!

First Stop Health Care Team

**Call 888-691-7867 to talk to a doctor!**

[www.fshealth.com](http://www.fshealth.com)



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