

First Stop Health—Telemedicine Services

Employees on the medical plan and their covered dependents will have 24/7/365 access to doctors. Through their First Stop Health membership, they can simply call **888-691-7867** and begin speaking with a doctor who can diagnose and treat common illnesses (e.g., sinus issues, pink eye, etc.) over the phone. There are no fees or copays to use this telemedicine benefit. There is no setup or pre-registration necessary!

Call 888-691-7867 to speak to a physician

What to Expect:

- Available 24/7/365
- Unlimited consultations
- U.S.-based physicians
- Physicians licensed in 49 states (AR excluded)
- No copays or fees to use the service
- 86% of calls to First Stop Health prevent unnecessary trips to doctors' offices and ERs
- Includes covered dependents
- Confidential medical dashboard with record of consultations + tools to upload and share medical records



"I used First Stop Health and it is terrific. I'm at the airport now, leaving for my honeymoon with prescription in hand. Lifesaver!"

-Laura S., First Stop Health Member

Top 10 Reasons Members Call First Stop Health

- 1 Sore Throat
- 2 Cough
- 3 Sinus Infection
- 4 Urinary Tract Infection
- 5 Skin Rash
- 6 Eye Infection
- 7 Ear Ache
- 8 Upset Stomach
- 9 Muscle/Joint Pain
- 10 Medication Refill

To learn more about First Stop Health telemedicine services, contact:

www.fshealth.com

888.691.7867

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This is a summary of benefit information and does not guarantee benefits, it is not intended as a detailed overview of benefits, limitations and/or exclusions may apply. Please refer to your Plan Booklet for a complete explanation of your benefits. In the event a discrepancy exists, the policy provisions will prevail.

