

INDOOR FLAG FOOTBALL  
2018 at Force Indoor Sports Complex in Fairlawn



1st Down Youth Flag Football League  
<http://www.leaguelineup.com/1stdownfootball>

**Program Details:**

- Winter Session 1: 7 weeks
- Week 1: Practice with Scrimmage
- Week 2-7: 15 Minute Practice followed by 45 Minute Game
- Weekly Standings (Final week teams will be matched up by standings)
- Games will be played between 1:00-5:00 on Sundays
- Cost is \$99.00 includes Shirt, referee fees, and facility

**Division and age Breakdown:**

5/6 year old  
7/8 year old  
9/10 year old

**Format:**

5/6 and 7/8 year old division will be 7x7 Format with Running and Passing  
9/10 year old division will be 5x5 Passing league

**(All rules can be found on our website at <http://www.leaguelineup.com/1stdownfootball>)**

**Team and friend requests will be honored**

- Sign up a compete team of ten players or register individually and I will do my best to place kids on teams with kids from their school or area
- Volunteer Coaches needed to coach each team! If you organize a team of 10 players and head coach the team, your child will play for FREE!
- Register online at <http://www.leaguelineup.com/1stdownfootball> call Rob Duray at 440 552-6188 with any questions or email me at at [1stdownflagfootball@gmail.com](mailto:1stdownflagfootball@gmail.com)

**League Dates:** November 4th-December 16th

**League Days:** Sundays

- 
-

